

# Grab & Go Bag Essentials



This kit should be stored in an accessible place so that it can be easily reached in a hurry.

- Important papers (copies of ID and home insurance documents)
- Food (small snacks)
- Water (2-3 small bottles)
- Emergency contact list
- Mobile phone, solar charger or spare battery pack
- Extra car keys and cash in small bills
- Medications and prescriptions (if possible)

- Flashlight (crank or battery-powered)
- Radio (crank or battery-powered)
- Whistle
- First aid kit
- Personal hygiene items (toothbrush, hand sanitizer)
- Dust mask

- Pet items (leash, spare collar, food, water)
- Emergency blanket
- Playing cards or activity book with pen
- Clothing and footwear (socks, underwear)

## List of items not in the bag

- Spare keys
- Wallet
- Prescriptions



**!** Make sure this bag doesn't become too heavy to carry.  
Tip: Prepare bags for each family member instead of trying to carry emergency supplies for everyone in one bag.